2025

OUR LADY OF FATIMA
1735 ALEXANDER ROAD
DELANSON, NY 12053
MONDAY, WEDNESDAY, FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.

1% MILK IS SERVED DAILY

CALL (518)382-8481 X 1 TO RESERVE OR

CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 \$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
				Chair Exercise 1 Beef Taco Lettuce, Tomato & Onion Churros
Dominos 4 Chicken with White Sauce Sautéed Broccoli Pasta Peach	5	Corn Hole 6 Cottage Cheese Plate Carrot Raisin Salad Pineapple Ice cream/Whipped Cream	7	Summer Craft 8 Turkey Vegetable Loaf Carrots Sweet Potato Oatmeal Cookie
EPIC 11 Presentation Beef Garden Salad Pasta Watermelon	12	Show and Tell 13 Turkey Chili w/ beans and Vegetables Tortilla Chips Yogurt Sunday	14	BINGO 15 Chicken Cordon Blue Sweet Potato Fries Green Beans Brownies
Roll the Dice 18 Chicken Françoise Green Beans Ravioli Melon	19	Domino 20 Turkey Sloppy Joe Vegetable Brussel Sprouts Apple Pie	21	Movie 22 Beef Salisbury Steak Peas & Carrots Mashed Potato Coconut Squares
Summer 25 Colors Ravioli w/ Meat Sauce Broccoli Fruits Kabob	26	Birthday Celebration 27 Lemon Herb Fish Watermelon Feta Roasted Zucchini Couscous Orange EVOO Cake	28	Cornell Corp. 29 Lemon Chicken Picatta Roasted Carrots and Broccoli RIce Pilaf Pears

THE SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT. NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.



JEWISH COMMUNITY CENTER
2565 BALLTOWN ROAD,
NISKAYUNA, NY 12309
MONDAY, WEDNESDAY,
FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK FOR THE WEEK IS GIVEN ON WEDNESDAYS.

CALL (518)382-8481 X 1 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 \$10.00

CASH PREFERRED
MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR & LONGTERM CARE WEBSITE: WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS (518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
				Beanbag Ladder Toss Game 1 Roast Turkey Fresh Carrots Cranberry Sauce Mashed potatoes White cake
Beachy Bottle 4 Lamps Baked Salmon Green Beans Baked Potatoes Cupcake	5	Word Games 6 Riva Chicken Roast Carrots Brown Rice Brownies	7	Bingo 8 Roast Brisket Roasted Mixed Vegetables Roasted Potatoes Brown Cake
Shooting Stars 1 1 Paint Project Baked Chicken legs Mixed Veggies Cole Slaw Fresh Fruit	12	Zentangles 13 Drawing Project Turkey Meat Loaf Peas and Carrots Whipped Potatoes Cup Cake	14	Relaxation 15 Activities 15 Chicken Francaise Mixed Vegetables Potato Chocolate cookies
Resin Craft Floral Jewelry 18 Greek Chicken Mixed Garden Salad Basmati Rice Fresh Whole Fruit	19	What is Your 20 Legacy? 20 Stuffed Cabbage Zucchini Carrots White Cake	21	Summer 22 Puzzles 22 Pot Roast Potato Roasted Vegetables Lemon Cake
Frame Picture 25 Tray Craft BBQ Chicken Cole Slaw Potato Salad Corn Bread Cup Cake	26	Summer Word 27 Search Chicken Schnitzel Italian Veggies Pasta Fruit Salad	28	20 Questlons Game 29 Roast Turkey Fresh Carrots Cranberry Sauce Mashed potatoes White cake

THE SENIOR NUTRITION PROGRAM HELD AT SCHENETADY JEWISH COMMUNITY CENTER IS OPERATED BY 518 KOSHER UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS
FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX,
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The Mil RDN 7/21/25

GLENVILLE SENIOR CENTER 32 WORDEN ROAD. GLENVILLE, NY 12302 MONDAY THRU FRIDAY 11:00AM-1:00PM



LUNCH SERVED: 11:45AM

BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK IS SERVED DAILY CALL (518)382-8481 X 1 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION: REGISTERED GUESTS 60 AND OVER - \$2.00 REQUIRED FEE FOR GUESTS UNDER 60 -\$10.00

CASH PREFERRED MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR & LONGTERM CARE WEBSITE: WWW.SCHENECTADYCOUNTYNY.GOV

> NY CONNECTS (518) 382-8481 X1

Crafts

Pasta w/Sauce Green Beans Fruit Cocktail

Pulled BBO Pork on Rol Mixed Vegetables Carrots Mandarin Oranges

Crafts

Chicken Divan Rice Pilaf Carrots Fruit Cocktail

Monday **Tuesday**

4

Wednesday

6

Thursday

Friday

Summer Fun

Beef Enchilada Casserole Zucchini & Tomatoes Corn Muffin Warm Berry Crisp

Chicken Cacciatore

Shown Tell 11

18

Name that Tune 25

Italian Sausage v/Peppers & Onions on Roll Mixed Vegetables Beans & Greens **Applesauce**

"Guitar Greg" 5

Breaded Fish Tartar Sauce Macaroni & Cheese Brussels Sprouts Mandarin Oranges

"Guitar Greg" 1 2

<mark>O</mark>range Ginger Chicken Rice Pilaf Asian Blend Vegetables Yogurt

"Guitar Greg" 19

Roast Pork w/Gravy Mashed Potatoes Spinach Applesauce

"Guitar Greg" 26

BBO Chicken O'Brien Potatoes Vegetable Trio Yogurt

BINGO

Swiss Steak w/Gravy Mashed Potatoes Spinach Fig Cookies

13 BINGO

Egg Salad on Bun Pasta Salad Beet & Onion Salad Shortbread Cookies

EPIC 201 Presentation

Turkey Salad on Bun Macaroni Salad Tomato & Cucumber Salad LS Potato Chips Yogurt

Birthday 27 Celebration

Beef Pepper Steak Rice Pilaf Asparagus Vegetable Medley Frosted Cake

Game Day

Ouiche Casserole Hash Brown Potatoes Warm Peach Crisp Bran Muffin Applesauce

Cornell Presentation

Beef Pot Roast w/Gravv Mashed Potatoes Broccoli Pears

Crafts

Spinach Rice Cheese Bake Mixed Vegetables Beets Corn Muffin Mandarin Oranges

Corn Hole 28

panish Chicken & Rice Brussels Sprouts Warm Peach Crisp Graham Crackers

Silly Jokes

Turkey & Swiss on Bun Mayonnaise Coleslaw Tomato & Cucumber Salad

Remembering 15 Brian Wilson

Stuffed Shells w/Meat Sauce Vegetable Trio Warm Peach Crisp Fruit & Nut Mix

Trivia

Hamburger Patty w/Sautéed Onions Home Fries California Blend Veg Chocolate Pudding

"Guitar Greg"/29

Seafood Salad Pasta Salad Marinated Vegetable Salad Corn Muffin Fruit Cocktai

THE SENIOR NUTRITION PROGRAM HELD AT GLENVILLE SENIOR CENTER IS OPERATED BY MAZZONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

AMMULIDON 7/21/25

TEN EYCK 375 BROADWAY. SCHENECTADY, NY 12305 MONDAY THRU FRIDAY 10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL. 1% MILK FOR THE WEEK IS GIVEN ON WEDNESDAYS.

CALL (518)382-8481 X 1 TO RESERVE OR CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION: REGISTERED GUESTS 60 AND OVER - \$2.00 REQUIRED FEE FOR GUESTS UNDER 60 -

\$10.00 CASH PREFERRED MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

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> NY CONNECTS (518) 382-8481 X1

Corn Hole

Monday

Chicken w/ White Sauce Sautéed Broccoli Pasta Peach

Crossword 11 **Puzzles**

Beef Lasagna Garden Salad Watermelon

18 EPIC Presentation

Chicken Francoise Green Beans Ravioli Melon

25 Birthday Celebration

Ravioli w/ Meat Sauce Broccoli Birthday Cake

Tuesday

Chair Yoga

5

19

Beef Shawarma Garden Salad Grilled Vegetables Potato Fruit Salad

12 **Guess Who**

Philly Steak Garden Salad **Potato Wedges** Banana

BINGO

Beef Kabob Grilled Vegetables Hummus Banana

Memory Games 26

Vegetarian Burger Coleslaw Pineapple Tropical Fruts

Summer Craft 6

Wednesday

Cottage Cheese Plate Carrot Raisin Salad Pineapple Ice Cream Whipped Cream

Roll the Dice 13

Turkey Chili w/ Beans and Vegetables Tortilla Chips Yogurt Sunday

Mingle & 20 **Socialize**

Turkey Sloppy Joe Vegetable Brussel Sprouts Apple Pie

27

BINGO

Lemon Herb Fish Watermelon Feta Roasted Zucchini Couscous Fruit Cup

Thursday

Movie Cheeseburger Lettuce, Tomato. Onion Cabbage Slaw Strawberries

Game Day 14

Tuna, lettuce and Tomato Sandwich Coleslaw Greek Salad Fluff Cake

Music from the 21 50's

Pulled Pork Green Beans **Ouinoa Pilaf** Apple Sauce Grapes

Farmer's Market28

Greek Chicken **Beets Feta Salad** Green Beans Sweet Potato Peach

Friday

Chair Exercise 1

Beef Taco Lettuce, Tomato, Onion Churros

Story Telling

Turkey Vegetable Loaf Carrots Sweet Potato Oatmeal Cookies

BINGO

15

Chicken Cordon Blue **Sweet Potato Fries** Green Beans **Brownies**

Corn Hole

Beef Salisbury Steak Peas & Carrots Mashed Potato Coconut Squares

Talk to the Mirrors 29

emon Chicken Picatta Roasted Carrots Roasted Broccoli Pears

THE SENIOR NUTRITION PROGRAM HELD AT TEN EYCK IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE, THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, MYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS, THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO HACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.

Thisting FDN 7/24/25