

JULY 2025

OUR LADY OF FATIMA
1735 ALEXANDER ROAD
DELANSON, NY 12053

MONDAY, WEDNESDAY, FRIDAY
10:00AM-1:00PM



BREAD IS PROVIDED WITH EVERY MEAL.
1% MILK IS SERVED DAILY

CALL (518) 382-8481 X 1 TO RESERVE OR
CANCEL MEAL.

SUGGESTED MEAL CONTRIBUTION:
REGISTERED GUESTS 60 AND OVER - \$2.00
REQUIRED FEE FOR GUESTS UNDER 60 -
\$10.00

CASH PREFERRED

MENU ITEMS ARE SUBJECT TO CHANGE

RESERVATIONS ARE REQUIRED

SCHENECTADY COUNTY SENIOR &
LONGTERM CARE WEBSITE:
WWW.SCHENECTADYCOUNTYNY.GOV

NY CONNECTS
(518) 382-8481 X1

Monday	Tuesday	Wednesday	Thursday	Friday
	1	4th of July Celebration 2 Lemon Chicken Picatta Roasted Carrots and Broccoli Rice Pilaf Pears	3	CLOSED 4 Fourth of July
Dominos 7 Chicken with White Sauce Sautéed Broccoli Pasta Peach	8	Solve the Mystery 9 Cottage Cheese Plate Carrot Raisin Salad Pineapple Ice cream/Whipped Cream	10	Chair Yoga 11 Turkey Vegetable Loaf Carrots Sweet Potato Oatmeal Cookie
Crossword Puzzles 14 Beef Garden Salad Pasta Watermelon	15	Corn Hole 16 Turkey Chili w/ beans and Vegetables Tortilla Chips Yogurt Sunday	17	Movie 18 Chicken Cordon Blue Sweet Potato Fries Green Beans Brownies
Roll the Dice 21 Chicken Françoise Peas and Carrots Ravioli Melon	22	Domino 23 Turkey Sloppy Joe Vegetable Brussel Sprouts Pasta Apple Pie	24	Chair Exercise 25 Beef Salisbury Steak Peas & Carrots Mashed Potato Coconut Squares
Memory Game 28 Ravioli w/ Meat Sauce Pease and Carrots Fruit Cup	29	Birthday Celebration 30 Lemon Herb Fish Watermelon Feta Roasted Zucchini Couscous Orange EVOO Cake	31 <i>Deborah Griswold, RDN 6/25/25</i>	

THE SENIOR NUTRITION PROGRAM HELD AT OUR LADY OF FATIMA IS OPERATED BY SIMONE'S UNDER CONTRACT WITH THE SCHENECTADY COUNTY OFFICE OF SENIOR & LONG TERM CARE. THE PROGRAM IS FUNDED BY THE OLDER AMERICANS ACT, NYS OFFICE FOR THE AGING, SCHENECTADY COUNTY, AND CONTRIBUTIONS. THE PROGRAM PROVIDES SERVICES AND ACCESS TO SERVICES WITHOUT REGARD TO RACE, RELIGION, SEX, NATIONAL ORIGIN, PARTISAN AFFILIATION, OR SEXUAL ORIENTATION.